



# FLORIDA STATE UNIVERSITY SPIRIT PROGRAMS

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## 2019-2020 Audition Packet

Audition Hopeful,

Thank you for your interest in becoming a member of the FSU Golden Girls Dance Team! We are a part of the Florida State Spirit Program, which consists of the Golden Girls, Co-Ed Cheerleading Squad & All-Girl Cheerleading Squad. Our team serves as ambassadors for Florida State University and helps promote spirit at several athletic events including Football, Men's Basketball & Volleyball as well as other events for our school and community.

We are looking for confident, talented, humble, dedicated, and passionate dancers to be a part of the 2019-2020 FSU Golden Girls Dance Team. Team members are responsible for representing Florida State in the classroom, on the court/field and on stage at the national level. Being a member of our team comes with several exciting opportunities but is also a major commitment. Please review all of the materials thoroughly. If you foresee any conflicts, these must be discussed prior to the audition date.

More information on this process is listed in this packet. This is a life-changing opportunity and we are excited about the possibility of having you in our program. Please do not hesitate to reach out to us with any questions you might have.

Go NOLES!

### **CHASITY TYUS**

**Head Coach**

**Florida State University Golden Girls**



Moore Athletic Center PO Box 2195, Tallahassee, FL 32316  
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## AUDITIONS

### **Audition Material**

Videos of audition material that will be evaluated at auditions will be posted to the FSU Spirit page one week before auditions. Participants should learn material prior to auditions. Material will be reviewed in groups but not taught at auditions. It is imperative that you have knowledge of these routines as you will be evaluated on them by a panel of judges. We are looking for the dancers who have great knowledge of material along with strong execution and the ability to be cleaned and blend with a team.

### **Attire and Hair and Makeup**

During the entirety of auditions, attire is a black crop top of your choice along with black spandex shorts and jazz shoes/turners. No t-shirts or leggings should be worn during auditions. During Hip Hop, you may add a pair of black hip hop style pants and your choice of sneakers. Please, no combat boots. Hair and makeup should be “game ready” at all times. Hair may be pulled back, out of your face and eyes for jazz audition ONLY.

Auditions will take place in **Tully Gymnasium** (Volleyball facility)

### **Friday, April 19th: \*Suggestion: Bring Healthy Energy Snacks**

5:00 pm Doors open for Participant check-in registration.  
5:30 pm Doors open to for Golden Girls Showcase (ticket needed or \$10 cash at door).  
6:00 pm Golden Girls Showcase Begins  
7:30 pm Teach technique material  
7:45 pm First round cuts (technique & required skills)  
8:40 pm **Announce Semifinalists\***  
8:45 pm Semifinalists return to review Jazz & HH material  
9:30 pm Dismissal

### **Saturday, April 20th: \*Suggestion: Bring Healthy Energy Snacks**

8:15 am Doors open for check in  
8:30 am Group Stretch  
9:00 am Review & Groups for Jazz & Hip-Hop Material  
10:00 am Open practice time  
10:15 am First Cuts Begin (Jazz & Hip-Hop Material)  
11:45 pm Lunch Break  
12:45 pm **Announce finalists\***  
1:15 pm Doors open for finalists’ interviews  
2:30 pm Teaching of Fight Song, pom sidelines and cheers/chants  
3:30 pm Review Jazz & Hip Hop for final auditions  
3:45 pm Open practice time  
4:00 pm Final Auditions – Game Day Presentation & Jazz/HH Groups  
**5:30 pm 2019-2020 FSU Golden Girls Squad Announced**  
6:00 pm Gym open for spectators (ticket needed or \$10 cash at door).  
6:15 pm Showcase of 2019-2020 FSU Golden Girls begins  
6:45 pm Team Meeting w/ Trainer & Coaches  
8:00 pm Dismissal \* *ALL times are tentative and may change throughout the day.*



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## GENERAL RULES & REGULATIONS

### MEMBERSHIP

1. Each student must be a full time (12 hours) FSU student or an incoming FSU student (proof of acceptance must be provided in the form of an acceptance letter).
2. Each member of the squad must tryout each year.
3. Your membership begins the day you make the team and does not end until the day you turn in your uniforms.
4. Members will be chosen to travel based on talent level, attitude, injury, punctuality and overall adherence to the rules.
5. SAFETY FIRST! The squad will always adhere to the safety guidelines and rules set by the university.

### ACADEMIC REQUIREMENTS

1. All prospective applicants must have a 2.5 GPA in order to try out for a spirit group.
2. Once placed on the squad, each member is required to maintain at least a 2.0 cumulative FSU GPA in order to remain in the program. If a member falls below the required GPA they will be dismissed – there is no probation time. Grades are checked at the end of each semester by the Spirit Coordinator.

### ATTENDANCE

1. The Golden Girls dance team is a major personal commitment of one's non-academic time and should not be placed secondary to his/her non-academic activities. Necessary arrangements with sororities, fraternities, employers, etc., concerning required activities and expectations of one's time must be made prior to the selection of the squad.
2. Accepting a position on the Golden Girls implies a commitment to attend **ALL** practices, games, and events that one is assigned to attend. Individuals selected for the team understand they are required to attend summer camp and work-week with the squad, as well as any other events designated as mandatory.
3. Individuals understand that an absence from any mandatory event, practice or game constitutes grounds for dismissal.



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## CONDUCT AND APPEARANCE

All members are expected to be respectful of one another, including their coach, and cooperate fully with their captains and coach. **INSUBORDINATION IS GROUNDS FOR DISMISSAL.**

1. Golden Girls members should treat their role as a job for the University. All decisions made by coaching staff and captains are in light of the University's needs and should be respected by all members of the team. Any questions, comments or concerns should be brought directly to the Head/Assistant Coach first.
2. Golden Girls both in and out of uniform are expected to demonstrate sportsmanlike conduct at ALL times. Members are expected to treat fans, officials, other dancers, student athletes, staff and administration with the highest level of respect and courtesy.
3. Consumption of alcoholic beverages and the use of tobacco products are NOT PERMITTED prior to an event or while in uniform or in any other attire, which identifies you with the spirit/dance program.
4. **Members are required to follow the designated strength and conditioning program at all times.** Members are expected to maintain and/or improve in their overall fitness and skill level from the time of the selection. If not, they understand that they can be suspended or dismissed from the team. In addition, all members are to treat strength staff with utmost respect along with strength and conditioning equipment. Any issues will result in dismissal from the team.
5. Any team member failing to maintain the necessary strength or skills in order to be a competitive and healthy member of the team may be replaced, suspended, or dismissed. A nutritionist is available to help you maintain a **healthy** body weight at all times.
6. Members are expected to present themselves in a clean-cut and respectful manner at all times when they are representing the Golden Girls program. Some examples included but are not limited to:
  - Tattoos must be covered
  - Men must be clean-shaven with closely cropped hair
  - Only one pair of earrings are permitted on women (the pair that is provided to you); no earrings are allowed on men
  - Uniforms and practice attire are to be kept clean and neat
  - Women will be asked to wear the "look" provided by MAC while in uniform
  - **Dramatic changes in appearance MUST be approved in advance (hair color/style)**
  - Profanity or sexually explicit comments are never to be tolerated
  - Women must keep their hair at a safe and healthy length
  - Public displays of affection will not be tolerated while in uniform



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## **GOLDEN GIRLS 19-20 SCHEDULE**

### **Summer Camp/Summer Dates**

Work Week:

July 6<sup>th</sup> – Captains Retreat 12-3pm

July 6<sup>th</sup> – Team Meeting 3pm-4pm

July 6<sup>th</sup>-7<sup>th</sup> – Camp Choreography

- 6<sup>th</sup> practice 4pm-9pm
- 7<sup>th</sup> practice 11am-1pm & 5pm-9pm

July 8<sup>th</sup>-12<sup>th</sup> – Camp Prep/Work up Home routine

- Practices 5pm-9pm, Fri 8/12 – 10-2pm

July 13<sup>th</sup> – Team meeting – Time TBD

July 14<sup>th</sup>-July 16<sup>th</sup> – Team practices, photo shoot, camp prep – Times TBD

University of Alabama Camp – Tuscaloosa, AL.

- Dates July 17<sup>th</sup>-21<sup>st</sup>, 2019

### **Pre-School Year practices**

Aug. 19<sup>th</sup>-Aug. 24<sup>th</sup> – 6pm-9pm, off 8/21<sup>st</sup>

August 25<sup>th</sup> – Welcome back picnic!

### **School Year Practices**

M, T & TH – 6pm-9pm, **Spring** T & TH

Mondays – Nationals focused

Tues. & Thursday – Game day focused

Workouts – 2x a week - Days & Times TBD

### **Football Season – Home Games**

FSU Vs. Boise State 8/31/19 – Jax, Fl.

FSU vs. ULM 9/7/19

FSU vs. Louisville 9/21/19

FSU vs. NC State (Parents Weekend) – 9/28/19

FSU vs. Syracuse (Homecoming) – 10/26/19

FSU vs. Miami – 11/2/19

FSU vs. Alabama St. (Senior Game) – 11/16/19

- Arrive 3-4 hrs before kickoff
- Appearances & sidelines

Friday night block parties – ALL home games

- Friday before home games
- 7pm-9:00pm

### **Volleyball Season – Home Games**

Schedule TBD – About 5 games a season

- 1<sup>st</sup> & 2<sup>nd</sup> years **only**
- Arrive 1 hr early
- Dance at timeouts & on sidelines

### **Basketball Season – Home Games**

Schedule TBD

- Arrive 2 hours early
- Dance two timeouts & sidelines

### **Nationals Season**

August 16<sup>th</sup>-18<sup>th</sup> – Tentative HH/Jazz Choreo

August 23<sup>rd</sup>-25<sup>th</sup> – Tentative HH/Jazz Choreo

December 14<sup>th</sup>-21<sup>st</sup> – Lockdown practices

December 28<sup>th</sup>-31<sup>st</sup> – Lockdown practices

Nationals January 17<sup>th</sup>-19<sup>th</sup>, 2020



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## **Post-Season Travel**

Men's ACC Tournament – Dates TBD –  
Greensboro, NC

NCAA tournament, 1st/2<sup>nd</sup> rounds – Dates TBD

## **Misc. Events & Possible Dates**

October 25<sup>th</sup> – Homecoming Parade & Pow Wow

Auditions 20-21 Team – April 17<sup>th</sup>-18<sup>th</sup> or April 24<sup>th</sup>-25<sup>th</sup> – Tentative

FSU Line Dance – Week after Spring Break

Spring Clinics – 4 total in Feb (2), March & April

Spring Game 2020 – TBD

Spirit Banquet and Basketball Banquet – TBD

## **Community Service & Appearances**

10 hrs a semester (Fall - 12/31, Spring - 5/5) mandatory

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## **COACHING INFORMATION**

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Head Coach: **Chasity Tyus**

Work #: **816-522-8244**

Email: [fsuggdanceteam@gmail.com](mailto:fsuggdanceteam@gmail.com)

Spirit Director: **Staci Sutton**

Work #: **850-644-8457** or **850-251-9093**

Email: [ssutton@fsu.edu](mailto:ssutton@fsu.edu)